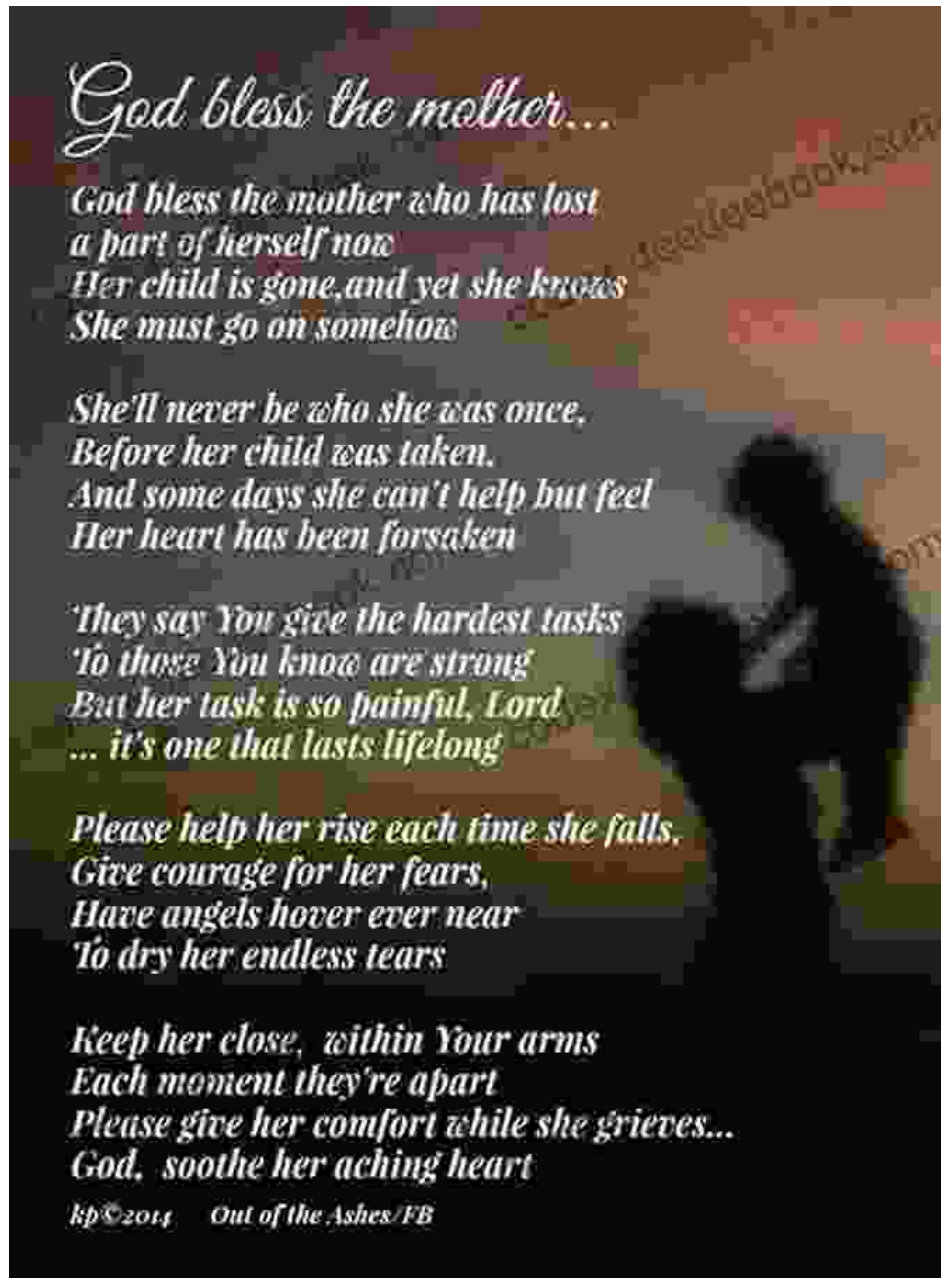
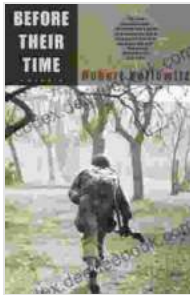


Before Their Time: A Memoir of Loss and Hope for Parents Who Have Lost Children



Losing a child is a tragedy that no parent should ever have to endure. It is a pain that is unimaginable, a void that can never be filled. In her memoir,

Before Their Time, Alison David shares her personal journey of losing her two sons, David and Matthew, in a car accident.



Before Their Time: A Memoir by Robert Kotlowitz

★★★★☆ 4.1 out of 5

Language : English
File size : 428 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 209 pages



With honesty and vulnerability, David delves into the depths of her sorrow. She writes about the initial shock and disbelief, the waves of grief that threatened to consume her, and the challenges she faced as she tried to rebuild her life.

But *Before Their Time* is more than just a story of grief. It is also a story of hope. David shares how she found the strength to carry on, how she learned to live with her loss, and how she ultimately found a new purpose in life.

Before Their Time is a must-read for any parent who has lost a child. It is a book that will provide comfort, support, and a sense of hope.

A Mother's Journey of Grief and Hope

Alison David's journey of grief began on a sunny summer day in 2007. Her sons, David and Matthew, were driving home from a friend's house when

their car was hit by a drunk driver. David was killed instantly, and Matthew died a few hours later in the hospital.

David was 16 years old, and Matthew was 14. They were both bright, funny, and loving boys who had their whole lives ahead of them. Their deaths left a void in David's life that she never thought she would be able to fill.

In the early days after their deaths, David was consumed by grief. She couldn't eat, couldn't sleep, and couldn't believe that her sons were gone. She felt like a zombie, going through the motions of life but not really living.

But even in her darkest moments, David knew that she had to find a way to carry on. She had to find a way to live with her loss and to honor the memory of her sons.

David began by writing about her grief. She wrote about her sons, about the memories they shared, and about the pain of losing them. Writing was a way for her to process her emotions and to make sense of her loss.

Over time, David's writing became a source of comfort and strength. She realized that she was not alone in her grief and that there were other parents who had lost children. She began to connect with other bereaved parents and to find support and understanding.

David also found comfort in her faith. She believes that her sons are in heaven and that she will see them again someday. Her faith gives her hope and strength and helps her to cope with her loss.

Today, David is a grief counselor and a public speaker. She shares her story with others who have lost loved ones and helps them to find hope and healing.

Hope for the Future

Losing a child is a tragedy that no parent should ever have to endure. But even in the darkest of times, there is hope. David's story is a testament to the power of hope and the resilience of the human spirit.

If you have lost a child, know that you are not alone. There are other parents who understand your pain and who can offer you support and understanding. There is hope for the future, even though it may be hard to believe right now.

David's story is a reminder that grief is a journey, not a destination. There will be good days and bad days, but over time, the pain will become more manageable. You will never forget your child, but you can learn to live with your loss and to find joy in life again.

If you are struggling with grief, please reach out for help. There are many resources available to you, including grief counselors, support groups, and online resources.

You are not alone. There is hope for the future.

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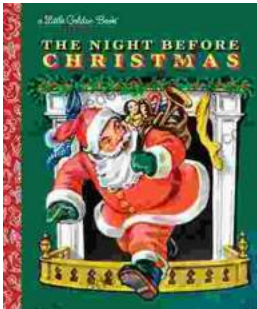
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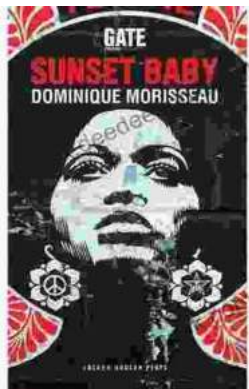


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