

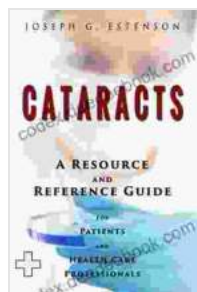
Cataracts: Reference Guide Bonus Downloads

I The Hill Resource And Reference Guide

Cataracts are a clouding of the lens of the eye. The lens is a clear, flexible structure that sits behind the pupil and iris. It helps to focus light onto the retina, the light-sensitive tissue at the back of the eye.

Cataracts can occur in one or both eyes. They usually develop slowly over time, but they can also develop suddenly in some cases.

The most common cause of cataracts is aging. As we age, the proteins in the lens of the eye begin to break down and clump together. This can cause the lens to become cloudy and less flexible.



Cataracts - A Reference Guide (BONUS DOWNLOADS) (The Hill Resource and Reference Guide Book 94)

by Julie Caplin

★★★★★ 5 out of 5

Language : English
File size : 833 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Print length : 144 pages
Lending : Enabled
Screen Reader : Supported



Other factors that can increase your risk of developing cataracts include:

- Exposure to ultraviolet (UV) radiation
- Smoking
- Diabetes
- High blood pressure
- Obesity
- Certain medications, such as steroids
- Eye injuries

The most common symptom of cataracts is blurred vision. Other symptoms can include:

- Cloudy or dim vision
- Halos around lights
- Difficulty seeing at night
- Glare
- Floaters
- Flashes of light
- Eye pain
- Redness
- Swelling

The only way to treat cataracts is with surgery. During cataract surgery, the cloudy lens is removed and replaced with a clear artificial lens. Cataract

surgery is a very common and successful procedure. Most people who have cataract surgery experience a significant improvement in their vision.

We are offering two bonus downloads with this article:

- **Cataracts: A Patient's Guide** This guide provides a comprehensive overview of cataracts, including information on the causes, symptoms, and treatment options.
- **Cataract Surgery: What to Expect** This guide provides information on what to expect before, during, and after cataract surgery.

To download these bonus guides, please click on the links below:

- [Cataracts: A Patient's Guide](#)
- [Cataract Surgery: What to Expect](#)

Cataracts are a common eye problem that can affect people of all ages. They can cause a variety of symptoms, including blurred vision, halos around lights, and difficulty seeing at night. Cataracts are treated with surgery, which is a very common and successful procedure.

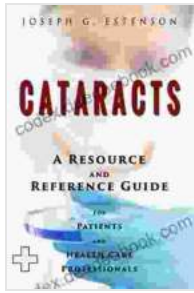
If you are experiencing any of the symptoms of cataracts, it is important to see your eye doctor for a diagnosis. Early diagnosis and treatment can help to prevent vision loss.

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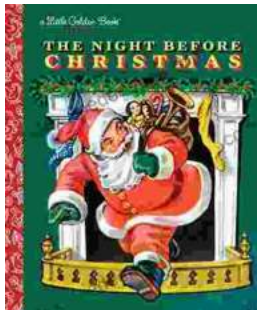
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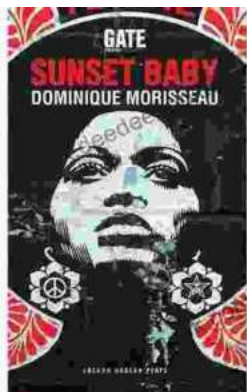


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